

Patient: 202108175
 YYY XXXXXX
 03/10/1972
 Exam Date: 09/06/2021

Last mammogram : 2021
 Age: 45-49 years-old
 Mother, sister or daughter with a breast cancer: 0
 Previous biopsy: no
 Breast density assessment: Heterogeneously dense (C)
 PRS: 0.8

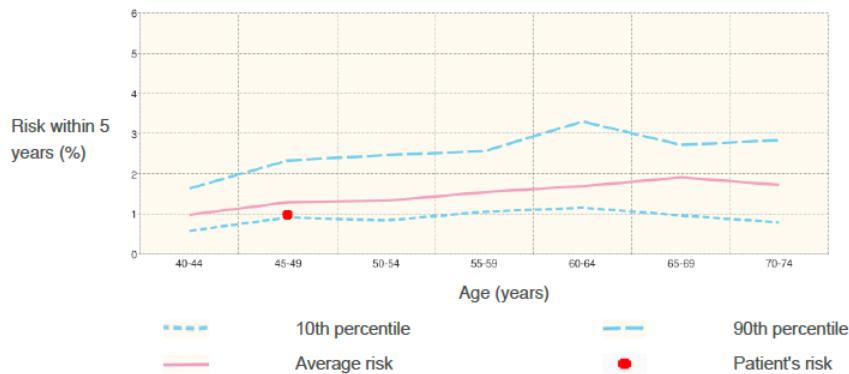
PERSONALIZED RESULTS MAMMORISK

This document is drawn up based on your personal and family medical history. Be aware that any new event may change your risk and individualized screening recommendations. These should be reviewed at least every 5 years.

Breast cancer risk assessment

According to the data collected, your risk of developing breast cancer in the next 5 years is 1.0 %. This means that, of the 100 women with the same characteristics as you, between 1 or 2 women out of these 100 may develop breast cancer in the next 5 years.

For your information, the average risk of developing breast cancer within 5 years for a woman of the same age as you in the general population is 1.3 %.



Other recommendations

Having a healthy lifestyle can reduce the individual risk of cancer. You can reduce your risk of breast cancer through a balanced diet, regular physical activity, optimal weight maintenance and limited alcohol consumption.

For more information about the risk of developing breast cancer, screening and prevention, please see your doctor.

Patient: 202108175
 YYY XXXXXXX
 03/10/1962
 Exam Date: 08/30/2021

Last mammogram : 2021
 Age: 55-59 years-old
 Mother, sister or daughter with a breast cancer: 0
 Previous biopsy: no
 Breast density assessment: Scattered areas of fibroglandular density (B)
 PRS: 1.1

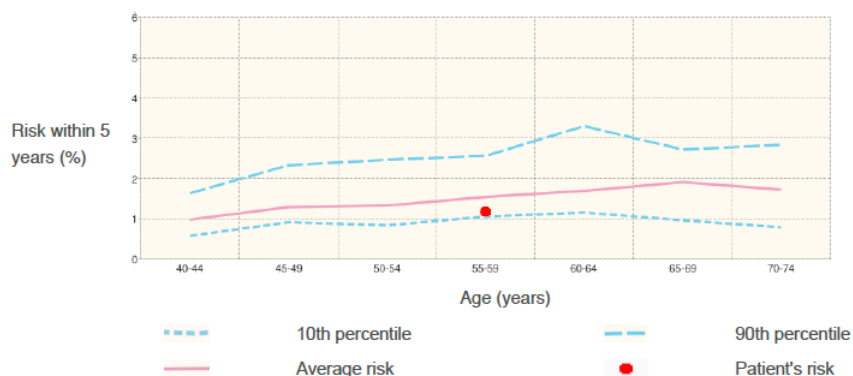
PERSONALIZED RESULTS MAMMORISK

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Breast cancer risk assessment

According to the data collected, your risk of developing breast cancer in the next 5 years is 1.2 %. This means that, of the 100 women with the same characteristics as you, between 1 or 2 women out of these 100 may develop breast cancer in the next 5 years.

For your information, the average risk of developing breast cancer within 5 years for a woman of the same age as you in the general population is 1.5 %.



Personalized screening program

Your personalised screening programme allows you to have an easy overview of how often you will need to be examined, and this depends on an assessment of your risk.

FOLLOW-UP	FREQUENCY	2023	2024	2025	2026
Breast Clinical exam	Annual	✓	✓	✓	✓
Mammogram	Every two years	✓		✓	

Patient: 202108175
 YYY XXXXXXXX
 Exam Date: 30/08/2021

Last mammogram : 2021
 Age: 40-44 years-old
 Mother, sister or daughter with a breast cancer: 1 or +
 Previous biopsy: no
 Breast density assessment: Heterogeneously dense (C)
 PRS: 1.6

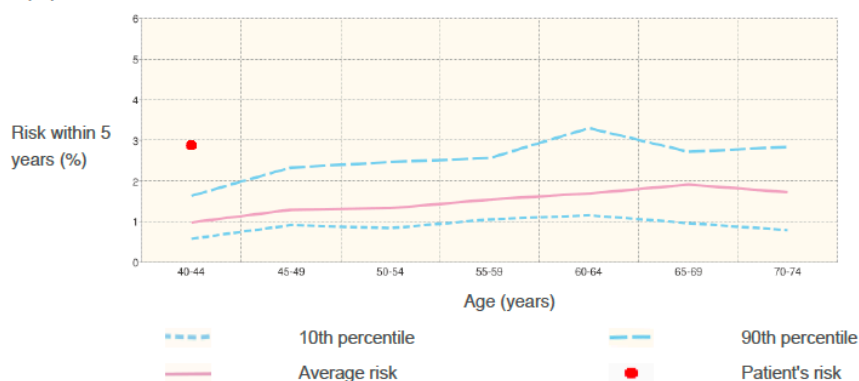
PERSONALIZED RESULTS MAMMORISK

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Breast cancer risk assessment

According to the data collected, your risk of developing breast cancer in the next 5 years is 2.9 %. This means that, of the 100 women with the same characteristics as you, between 2 or 3 women out of these 100 may develop breast cancer in the next 5 years.

For your information, the average risk of developing breast cancer within 5 years for a woman of the same age as you in the general population is 1.0 %.



Personalized screening program

Your personalised screening programme allows you to have an easy overview of how often you will need to be examined, and this depends on an assessment of your risk.

FOLLOW-UP	FREQUENCY	2022	2023	2024	2025
Breast Clinical exam	Annual	✓	✓	✓	✓
Mammogram	Annual	✓	✓	✓	✓
Ultrasound	Annual	✓	✓	✓	✓

Patient: 202108175
 YYY XXXXXXX
 03/10/1972
 Exam Date: 08/30/2021

Last mammogram : 2021
 Age: 45-49 years-old
 Mother, sister or daughter with a breast cancer: 1 or +
 Previous biopsy: yes
 Breast density assessment: Extremely dense (D)
 PRS: 2.0

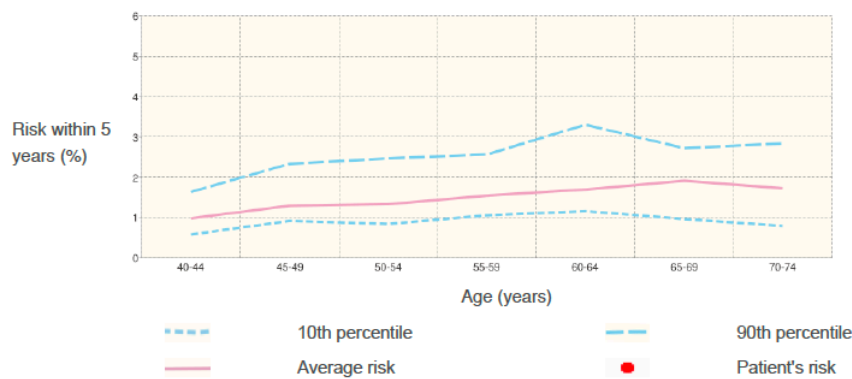
PERSONALIZED RESULTS MAMMORISK

This document is drawn up based on your personal and family medical history. Be aware that any new event may change your risk and individualized screening recommendations. These should be reviewed at least every 5 years.

Breast cancer risk assessment

According to the data collected, your risk of developing breast cancer in the next 5 years is 6.3 %. This means that, of the 100 women with the same characteristics as you, between 6 or 7 women out of these 100 may develop breast cancer in the next 5 years.

For your information, the average risk of developing breast cancer within 5 years for a woman of the same age as you in the general population is 1.3 %.



Personalized screening program

Your personalised screening programme allows you to have an easy overview of how often you will need to be examined, and this depends on an assessment of your risk.

FOLLOW-UP	FREQUENCY	2022	2023	2024	2025
Breast Clinical exam	Annual	✓	✓	✓	✓
Mammogram	Annual	✓	✓	✓	✓
Ultrasound	Annual	✓	✓	✓	✓
MRI	Annual	✓	✓	✓	✓